

Gain the confidence and skills to ride safely on roads and when out and about. Know how to plan routes and prepare yourself and your horse to enjoy the countryside. Includes the following:-

* How to ride in an enclosed arena with other riders
* How to ride with the reins in one hand
* Checks to make before setting off
* How to ask other road users to slow down or stop
* Riding out on a road

**Course Dates**

**Sundays 1st & 15th September**

Sessions will be **11am – 3.30pm** with a 30 minute lunch break (please BYO)

The cost of the course and book is **£140**

which is payable at least a week before the start of the course.

**A non-refundable deposit of £20 is required to book a course space.**

This course needs a minimum of 4 participants to run.

*Satisfactory completion of this Challenge Award is a co-requisite*

*of the BHS Stage 1 Ride Qualification*

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**NAME** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ADDRESS** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **POSTCODE** \_\_\_\_\_\_\_\_\_\_\_\_\_

**TEL NO** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **EMAIL** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RIDING EXPERIENCE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**HEIGHT** \_\_\_\_\_\_\_\_\_\_\_ **WEIGHT** \_\_\_\_\_\_\_\_\_\_\_\_ **D.O.B.** \_\_\_\_\_\_\_\_\_\_\_\_\_

**OFFICE USE** **AMOUNT PAID** \_\_\_\_\_\_\_\_\_ **VIA \_\_\_\_\_\_\_ DATE \_\_\_\_\_\_\_\_\_\_**

\_\_\_\_\_\_\_\_\_\_\_

**Laurel View Equestrian Centre Limited**

**BHS Approved**

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**Tel: 028 9083 0649**

**BHS Silver Challenge Award**

**Riding Out Safely (Ride Safe equivalent)**